

Comments and Replies.

A Superintendent of Nurses.—We regret that owing to the interest aroused in "A Question of Discipline," we are obliged to hold over some correspondence. Your letter will appear next week.

Nurse H.—The address of the advertisement department of the *Nursing Record* is 11, Adam Street, Strand, and any advertisement you send will receive attention. We cannot, of course, insert in this journal information which has been previously supplied to the *Hospital* newspaper.

Unwilling.—We are of opinion that you should accept office. Nurses, and, indeed, all women, are much too prone to shift their responsibilities on to other shoulders. We think it is the duty of all nurses to take an active interest in the management of their professional affairs, and to take pains and trouble to render themselves efficient.

Probationer, London.—We certainly do not think that you can claim "beer money," because you do not drink beer. This is almost an obsolete custom now, even with regard to domestic servants. It probably originated, when the custom of providing stimulants was almost universal, with some one who wished to break down an undesirable habit. Now, many employers stipulate, upon engagement, that neither beer nor beer money is provided; but tea, coffee, cocoa, milk, or lemonade should be provided as a substitute. We are of opinion that it is most undesirable for young nurses to accustom themselves to require beer twice a day.

Traveller.—We do not advise you to accept any appointment abroad without having a definite agreement of the conditions under which you accept service drawn up in writing. It is always wiser on both sides, and no honourable employer will object to it.

Ward Sister Nurse.—Dysentery is a disease which is seldom seen in England. The tropical form is characterized by the presence of an animal organism in the stools called the *Amaba Dysenteria*. The symptoms of the disease are frequent stools, containing mucus and blood, accompanied by tenesmus. Great restlessness is common in severe cases. The drug which has been proved by experience to be most useful in this disease is ipecacuanaha, but its tendency to produce vomiting must be borne in mind. Opium is found to be useless, and even harmful. The patient is always kept in bed, on a liquid (usually milk) diet. A flannel abdominal bandage should be worn for some time after recovery.

An Ignorant Pro.—Cupping is applied by means of glasses, which should be specially made for the purpose; but if these cannot be obtained, wine glasses will answer the purpose. It may be either wet or dry. The latter name is given to the operation when scarification has not been previously applied, and the latter when this has been done. The rims of the glasses employed should always be oiled. A small piece of blotting-paper, soaked in alcohol, is usually placed in each glass and lighted, and the glass then inverted over the region it is desired to cup. The heat causes the warm air to expand, and some being driven off, the partial vacuum is filled by the skin and tissue over which the glass is applied. The cup may be removed by making pressure about the glass, and inserting the tip of the finger under the edge so as to let in the air.

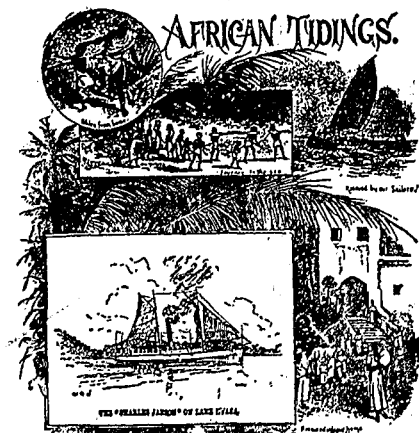
Anxious Sister.—We are of opinion that after the revelations which have recently been made as to the material from which meat extracts are sometimes prepared, many institutions will procure the fresh beef and make their own. If the "best beef tea" is made in the ward kitchen, under the direct supervision of the Ward Sister, one pound of lean beef, free from fat and gristle, should be issued for every pint of beef tea required.

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